



ACTION IN THE EVENT OF MASS UNREST AND VIOLENT PROTESTS



1. STAY CALM

- Do not panic: when chaos is happening around you, it is important to remain calm and think clearly
- Avoid arguments or confrontations: if violent groups form, do not engage and avoid any provocations

**MAIN EMERGENCY CONTACT
AT RGSL: IMANTS
JEVDOKIMOV (29244834)**



2. AVOID THE PROTEST AREA

- Stay away from areas where violence is occurring: avoid locations with unrest whenever possible.
- Remain indoors if you are close to disturbances: if you are inside a building, stay there until the situation stabilizes



3. USE ALTERNATIVE ROUTES

- Avoid public transport or roads affected by protests: choose alternative routes to stay away from high-risk areas
- Do not return to unrest areas: if travelling near protest zones, reroute to avoid conflict areas



4. FOLLOW INFORMATION AND OFFICIAL INSTRUCTIONS

- Follow local announcements: monitor news and official sources of information, including evacuation notices
- Follow official instructions: if authorities provide guidance, act on it immediately



5. DO NOT PARTICIPATE IN UNREST OR VIOLENCE

- Avoid violence: do not engage in physical confrontations. This can be dangerous and increase your risk of becoming a target
- Do not align with radical groups: avoid aggressive or destructive behaviour and leave the area



6. USE SAFETY MEASURES

- Avoid large crowds: if you observe agitated or aggressive groups, leave the area
- Use your mobile phone to communicate: inform family or friends about your location and safety status
- Protect yourself from threats: move to a safe location as quickly as possible



7. DO NOT USE VIOLENCE FOR SELF-DEFENCE UNLESS ABSOLUTELY NECESSARY

- If your life is not in immediate danger, prioritise escape or finding safety instead of using violence against others



8. EVACUATE IF THE SITUATION BECOMES DANGEROUS

- If the situation worsens, evacuate immediately to a safer location
- Before evacuating, ensure you know the nearest safe locations or shelters



9. AVOID SECONDARY HAZARDS

- If fires, damaged property or other hazards remain after unrest, stay away until emergency services secure the area